WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Hot Dog with baked potato wedges (Halal Available)	Chicken Tikka masala with 50/50 rice	Roast Turkey with stuffing, mashed potato and gravy	Meat Balls in tomato sauce with pasta (Halal Available)	Fish Fingers or Salmon fish Fingers and chips
VEGETARIAN MAIN DISH	Macaroni Cheese with baked potato wedges	Quorn Tikka masala With 50/50 rice	Quorn Fillet with mashed potato & gravy	Quorn Meat Balls in tomato sauce with pasta	Vegetable Fingers with chips
ACCOMPANIMENTS	Sweet Corn or Salad	Brocoli or Salad	Carrots or Salad	Green Beans or Salad	Peas or Salad
DESSERTS	Chocolate sponge and custard	Flapjacks	Fruit sponge and custard	Oat cookies	Shortbread
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection	Jacket Potato Selection



Fuel your afternoon with a healthy school lunch from Mellors







