WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pork sausage hot dog with baked wedges (Halal available)	Macaroni cheese and bacon	Roast beef with Yorkshire pudding, roast potatoes and gravy	Sweet and sour chicken with 50/50 rice (Halal Available) Prawn crackers	Crispy fish fingers with chunky chips
VEGETARIAN MAIN DISH	BBQ cheese and bean wrap with 50/50 rice	Vegetable and tomato bake	Quorn and bean stew	Sweet and sour vegetables with 50/50 rice Prawn crackers	Vegetable fingers with chunky chips
ACCOMPANIMENTS 5	Sweetcorn	Garden peas	Baton carrots	Broccoli	Mushy peas
DESSERTS	Pineapple upside down cake and custard	Cherry flapjack	Lemon sponge	Fruit crumble and custard	Shortbread
FRESH FRUIT OR YOGHURT	Fresh or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt
JACKET POTATO AND SALAD	Jacket potato & todays choice of filling	Jacket potato 8 todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato 8 todays choice of filling



Fuel your afternoon with a healthy school lunch from Mellors









