

# AREA OF LEARNING: Personal Development (PSHE)

## 7 YEAR OVERVIEW – LACEY GREEN CORE KNOWLEDGE CURRICULUM 2023-2024

Core Theme 1: Health and Wellbeing

Core Theme 2: Relationships

Core Theme 3: Living in the Wider World

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
All years	The 3 Rs. Respect, Responsibility and Resilience Kindness Consideration Listening to others Making the right choices British values Equality and difference  Additional resources available for addressing issues if they arise  Picture News					
Year 1	<b>Rules and expectations- making the right choices</b>	<b>How I feel</b> I can talk about my feelings and opinions	<b>My body-healthy eating and exercise</b>	<b>Making and keeping friends</b>	<b>Special people-my family Differences</b>  People who help us.	<b>How do adults get money?</b>  Money-can I afford it?
Year 2	<b>Rules and expectations – fairness</b>	<b>Right and wrong-making choices</b>  <b>Keeping myself safe</b> Road Safety	<b>Keeping my body clean</b>  <b>Our local area-the environment</b>	<b>Types of emotions-talking to others about feelings</b>	<b>What is love?</b>	<b>Body similarities and differences-girls and boys</b>  <b>PANTS programme</b>

Year 3	<b>Rules and Responsibilities</b> Class rules  <b>E-Safety and Privacy</b>	<b>Dealing with emotions</b> <b>Loss and Separation</b>	<b>Staying Healthy</b> Physical, emotional and mental health	<b>Belonging</b> <b>Identity and equality</b> Different communities	<b>Growing and Changing</b> body and mind	<b>Communication and Collaboration-working with others</b>
Year 4	Class rules  <b>Democracy and School Parliament</b>  E-safety	<b>Bullying</b> <b>Persistence and Resilience</b>	<b>Healthy Lifestyles</b> Nutrition and Food-choices	<b>Healthy relationships</b> Friendships	<b>Economic Awareness</b> Managing Money  <b>Individual Liberty-boundaries and consent</b>	<b>Similarities and Differences</b> <b>Connections</b> Family and Faith  <b>Gender Stereotypes</b>
Year 5	Class Rules <b>Democracy and Government</b> School Parliament  <b>Rules and Responsibilities-Law and Human Rights</b>	<b>Growing up-puberty</b> Physical and mental changes  <b>My Body, My Rules</b>	The effects of smoking, drugs and alcohol	<b>Dealing with upsetting times-grief</b>  <b>Confidentiality-when to share or not share</b>	<b>Dealing with difficult decisions</b>  <b>Developing courage and resilience-coping with stress</b>	<b>Our community</b> Belonging Stereotypes Extremism  <b>Dealing with emergencies-Basic first aid</b>
Year 6	<b>UK Parliament-Democracy</b> British Values School Parliament elections  <b>Personal Strengths and goals</b>	<b>Race and Ethnicity-Discrimination</b>  <b>Radicalisation</b>	<b>My healthy mind and body</b>  Sex Education* (parental right to withdrawal)	<b>Relationships</b> <b>Healthy and unhealthy relationships</b>  <b>Transitions</b>	<b>Money-can I afford it?</b> Money management  <b>Fake News-E-safety</b>	<b>E-safety-online behaviour</b>